

ALEXANDER ALVAREZ

Professional Summary Skills & Experience

MBA Sports Psychologist.
Universidad Católica Andrés Bello (UCAB).
Caracas, Venezuela.

Master of Science in Psychology.
Universidad Central de Venezuela (UCV).
Caracas, Venezuela.

International Life Coach
ILC-IAC (EEUU).
Porlamar, Venezuela.

- Υ Highly trained sports psychologist with strong clinical abilities and a successful career.
 - Υ Proactive and organized with passionate commitment to first- rate patient or athlete's needs.
 - Υ Licensed in Venezuela, with expertise in both Clinic and Sports Psychology
- Clinic & Sports Psychology.
 - Therapy and Counseling.
 - Active observer, active listening and learning.
 - Social perceptiveness.
 - Speaking in public.
 - Complex problem solving.
 - Critical thinking.
 - Reading and writing comprehension.
 - Judgment.
 - Philosophy and Theology.
 - Education and training.
 - Spanish speaker and english-conversational.

Sports Psychologist

Isla de Margarita, Venezuela.

- ✓ Interact with athletes to assist them in gaining insight, defining goals, and planning action to achieve effective personal or team development and adjustment.
- ✓ Use a variety of methods, such as behavior modification, stress reduction therapy, role play therapy, and insights.
- ✓ Identify psychological, emotional, or behavioral issues obtained from field observation, interviews, tests, records, and reference materials.
- ✓ Provide motivational talks to athletes.
- ✓ Provide psychological training courses to sports coaches.
- ✓ Make sports diagnosis.
- ✓ Discuss intervention plans to solve problems in the field.
- ✓ Write reports on athletes and maintain required paperwork.
- ✓ Consult with or provide consultation to sports managers, coaches or sports directors, and many others who made the athlete's team.
- ✓ Provide sports educational and psychological information to parents so that they can collaborate effectively in athletes' life.

- ✓ Refer clients to other specialists, institutions, or support services as necessary.

Clinic Psychologist

Isla de Margarita, Venezuela.

- ✓ Interact with clients to assist them in gaining insight, defining goals, and planning action to achieve effective personal, social, educational, and vocational development and adjustment.
- ✓ Identify psychological, emotional, or behavioral issues and diagnose disorders, using information obtained from interviews, tests, records, and reference materials.
- ✓ Counsel individuals and groups regarding problems, such as stress, substance abuse, and family situations, to modify behavior or to improve personal, social, and vocational adjustment.
- ✓ Discuss the treatment of problems with clients.
- ✓ Write reports on clients and maintain required paperwork.
- ✓ Consult with or provide consultation to other doctors, therapists, or clinicians regarding patient care.
- ✓ Obtain and study medical, psychological, social, and family histories by interviewing individuals, couples, or families and by reviewing records.
- ✓ Evaluate the effectiveness of counseling or treatments and the accuracy and completeness of diagnoses, modifying plans and diagnoses as necessary.
- ✓ Develop and implement individual treatment plans, specifying type, frequency, intensity, and duration of therapy.